



TERESE BOWORS

CANNABIS WELLNESS COACH & PUBLIC SPEAKER

BIO

Terese Bowors, an unyielding Chronic Illness Thriver, has journeyed on a 15-year wellness odyssey alongside her husband and two adult children. Navigating through hardships, she harnesses the power of plant medicine, gardening, and meditation to sculpt her holistic self-care rituals. As a Certified Medical Cannabis Coach, Educator, and captivating Public Speaker, Terese embodies resilience in her relentless pursuit of wellness.

Terese's role as Cannabis Coach has established her as a go to guide for seniors navigating a safe and healthy relationship with medicinal Cannabis. Terese's accolades include multiple "Cannabis Educator of the Year" honors, a testament to her expertise that has earned her the affectionate title of "Cannabis Yoda" among her peers.

In the fall of 2023, Terese answered a profound call from the Divine to become a Portal Keeper. Transcending past fears of self sacrifice, she wholeheartedly surrendered, ushering in a transformative wave affecting her life, family, work, and community. Guided by the Divine, Terese joyously created a Portal Room in her home, an endeavor marked by sacredness, awe, and unexpected joy. The room, adorned with crystals, candles, ancestral items, and divine scents, pulsates with Divine love, healing, and bliss.

Now entrusted as the caretaker and space holder for the Portal Room, she witnesses miracles and balancing of nervous systems, guided by the gentle power of unconditional love, peace, and gratitude. Terese's journey unfolds as a testament to the gentle, compassionate era of healing, where miracles are real and present, and letting go is an invitation embraced with grace. The Divine continues to guide Terese to co-create sacred Ceremony Portals in other locations.

FREE GIFT:

FREE GIFT: 4 Tips To Choose the Right Cannabis for You

<https://motivated-experimenter-8078.ck.page/ca9ca47472>

The guide will walk you through the **four tips** you need to know ahead of time before going to your Cannabis store. You'll learn Cannabis terms to help reduce Confusion or Intimidation when choosing your Cannabis products.

This Free Guide will cut through the haze and help you see more clearly!

Let's CONNECT Biz

WEB <https://terese.ca/>

FACEBOOK GROUP <https://www.facebook.com/groups/healingwithcanna>

IG <https://www.instagram.com/teresebowors.cannacoach/>

FB biz page <https://www.facebook.com/TereseBowors.CannaCoach>

LINKEDIN <https://www.linkedin.com/in/terese-bowors/>

ALIGNABLE <https://www.alignable.com/nelson-bc/terese-bowors-cannabis-wellness-coach>

YOUTUBE <http://www.youtube.com/@teresebowors>

Let's CONNECT Personal

FB <https://www.facebook.com/terese.bowors/>



INTERVIEWS & Talks to CHECK OUT

KGLTV: Herstory: Terese Bowors

<https://www.youtube.com/watch?v=uaW4NYDJgt0>

The Cannabis Coaching Institute: Best Success Story

<https://www.youtube.com/watch?v=ld0MCDiw1jo>

Periodic Effects: Pe186 Are you a Cannabis Coach?

<https://www.periodiceffects.com/episodes/186>

The Cannabis Potcast: Episode 66 A Touch of Cannabis Wellness, Will I become a Pot Head?

<https://open.spotify.com/episode/4T1RroK1WkZIRE8ufP4t8N?nd=1&si=PVEx6wMkRgaZJ7mrytPatQ>

Superpowers of the Soul: Resilience, Hope & Cannabis

<https://superpowerexperts.com/sps-resilience-hope-cannabis/>

Terese Bowors CBD Expert presented by Mavens of Motivation and The Aging Expert

https://youtu.be/FFIszTIRLxg?si=T4U_L0dj5OAXi-BW

As featured in...

Women's Spirit Summit

Holistic Mompreneur Summit

CannExpo

65+ Magazine

Chatelaine Magazine



Other Talk Titles and Topics

Introduction to Medical Cannabis

Happy and Healthy with Autoimmune Disease

How to Obtain a Medical Cannabis Prescription

Relief Anxiety Now with CBD

BLISSFUL SLEEP with Cannabis